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THE INSIDER'S GUIDE TO THE TIM HORTONS OTTAWA DRAGON BOAT FESTIVAL
How to Enjoy Three Days of Free Family Entertainment

OTTAWA, June 14, 2011 – The Tim Hortons Ottawa Dragon Boat Festival (THODBF), the largest dragon boat festival in North America is celebrating its 18th year from June 17 – 19 at Mooney's Bay Park. Here's an insider's guide to take advantage of three days of free family entertainment and get the most out of the Festival.

Be prepared to rock on Friday, June 17 as the festival kicks-off with free concerts featuring The Dunn Boys at 5:00 p.m. on the Liquid Lounge Stage in the beer garden, followed by the Stanfields opening on the Royal Oak Pubs Main Tent Stage and headlined by the Trews at 8:00 p.m. Continue to rock throughout the weekend with the rest of the free concert series:

Liquid Lounge Stage

Saturday, June 18

11:00 am – Amos The

Transparent

1:00 pm – Ash Koley

2:15 pm – San Sebastian

4:00 pm – Jim Bryson

Sunday, June 19

12:00 pm – Chris MacLean

1:30 pm – Silver Creek

3:15 pm – MonkeyJunk

Royal Oak Pubs Main Tent Stage

Saturday, June 18

6:00 pm – Steven Page

Sunday, June 19

11:00 pm – Lafleche Dumais

Races begin bright and early on Saturday, June 18 at 7:30 a.m. with a new race beginning every 9 minutes. The opening ceremony begins at 12:00 noon and features the traditional eye dotting ceremony to awaken the sprit of the dragon.

The Tim Hortons Children's Area will have great family programming on Saturday and Sunday with crowd favorites such as Magician Chris Pilsworth, Little Ray's Reptiles, Sparticat and more. Be sure to check out the areal show of the Craze-E-Crew BMX stunt team, a new addition to the Festival entertainment.

To get to the THODBF, hop on the OC Transpo free shuttle service running between downtown and Mooney's Bay. Off-site parking is available at the Canada Post Building and Carleton University with a short walk or shuttle to the festival site. Paddlers and spectators are encouraged to bike to the festival site and take advantage of the secure bike parking provided by the Ottawa Citizen.

Don't forget your sunscreen, your water bottle to refill at the RBC Blue Water Project Hydration Station and your appetite to experience many of the local treats in the vendors and exhibitors area.

The action doesn't stop on Sunday, June 19, with racing continuing throughout the day. The Festival wraps-up with the closing ceremony featuring the Oto-Wa Taiko Japanese Drummers. For a full list of free family entertainment, race schedule and more, visit www.dragonboat.net

About the Tim Hortons Ottawa Dragon Boat Festival

The Tim Hortons Ottawa Dragon Boat Festival is the largest festival of its kind in North America and is one of Ottawa's must-attend summer events. This 3-day festival is hosted at Mooney's Bay Park from June 17-19 and features non-stop dragon boat racing, with a total of 190 team and 5000 paddlers. Over 70,000 spectators take in cultural activities, live music, a variety of vendors/exhibits and family-oriented entertainment. For more information, visit www.dragonboat.net, www.facebook.com/ottawadragonboat, www.twitter.com/ottdragonboat.

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